

## 1. Personal Details

Surname: **Koirala**

Name: **Saroj**

ORCID: <https://orcid.org/0000-0003-3863-2882>

Date of the CV: 27.05.2026

## 2. Education and Degrees

### **Doctor of Philosophy (Social and Public Policy)**

University of Jyväskylä, Jyväskylä, Finland.

Graduation: August 2026

### **Master of Science (International Environmental Studies)**

Norwegian University of Life Sciences (NMBU), Ås, Norway

Graduation: January 2015

### **Bachelor of Science (International Environment and Development Studies)**

Norwegian University of Life Sciences (NMBU), Ås, Norway

Graduation: June 2012

## 3. Recent Employment

### **February 2018-January 2022**

**Job Title: Guest Lecturer**

**Employer: Kathmandu University School of Arts (KUSoA), Nepal**

Worked as a course responsible/lecturer for master's degree course in Natural Resource System Management. For reference: Sudarshan Prasad Dahal, Assistant professor, Kathmandu University, Email: [spdahal@ku.edu.np](mailto:spdahal@ku.edu.np), Mobile: +977-9851086639

### **September 2017-January 2020**

**Job Title: Researcher**

**Employer: Institute for Mountain Hazard and Environment (IMHE), Chinese Academy of Sciences (CAS), Chengdu, China**

Worked as a team member in mountain development department contributing to the research project "the cascading impacts of climate change upon water availability and livelihood in Koshi River Basin of Nepal."

For reference: Professor Fang Yiping, Institute for Mountain Hazard and Environment (IMHE), Chinese Academy of Sciences (CAS), Chengdu, China, Email: [ypfang@imde.ac.cn](mailto:ypfang@imde.ac.cn), Mobile: +86 139 8228 1920

#### 4. Research output

##### *Journal articles*

- Koirala, S.** (2025). Seeking greener pastures: Conceptualizing *rahar* and *badhyata* in Nepali culture of migration. *Asian and Pacific Migration Journal*, <https://doi.org/10.1177/01171968251393026>
- Koirala, S.,** Khanal, S. K., & Kafle, J. (2025). Geographical imaginations and migration aspirations: perspectives from Nepali migrants in Finland. *Journal of Ethnic and Migration Studies*, 1–23. <https://doi.org/10.1080/1369183X.2025.2551026>
- Koirala, S.** (2025). From the *Lahureys* to the Russia-Ukraine War: Nepal's Culture of Migration Through a Multiscalar Lens. *Journal of Intercultural Studies*, 1–15. <https://doi.org/10.1080/07256868.2025.2531767>
- Koirala, S.** (2025). "Everyone is leaving, so am I": the role of culture in shaping Migration Behaviour in Nepal. *Comparative Migration Studies*, 13(1), 1-18. <https://doi.org/10.1186/s40878-025-00427-1>
- Koirala, S.,** & Bashyal, S. (2025). The land left behind: a systematic review of transnational migration-induced change and its implication for rural sustainability in Nepal. *Humanities and Social Sciences Communications*, 12(1), 1-12. <https://doi.org/10.1057/s41599-024-04180-1>
- Koirala, S.** (2023). Empowering Absence? Assessing the Impact of Transnational Male Out-Migration on Left behind Wives. *Social Sciences*, 12(2), 80. <https://doi.org/10.3390/socsci12020080>
- Pandey, B., **Koirala, S.,** Aung, H., Li, R., Timilsina, A., Htun, S. T. T., ... & Naing, H. T. (2024). Understanding carbon storage dynamics in Ayeyarwady delta's mangrove ecosystem in Myanmar: insights for restoration efforts. *Environmental Research Communications*, 6(2), 025006. <https://doi.org/10.1088/2515-7620/ad23f>
- Koirala, S.;** Fang, Y.; Dahal, N.M.; Zhang, C.; Pandey, B.; Shrestha, S. (2020). Application of Water Poverty Index (WPI) in Spatial Analysis of Water Stress in Koshi River Basin, Nepal. *Sustainability* 2020, 12, 727. <https://doi.org/10.3390/su12020727>
- Adhikari, B., **Koirala, S.,** Khadka, N., & Koirala, N. (2021). Solid waste management practices and challenges in seven cities of Nepal before and during lockdown against COVID-19 pandemic. *Nepal Journal of Environmental Science*, 9(1), 11–19. <https://doi.org/10.3126/njes.v9i1.36991>
- Zhu, R.; Fang, Y.; Neupane, N.; **Koirala, S.;** Zhang, C. (2020). Drought Stress and Livelihood Response Based on Evidence from the Koshi River Basin in Nepal: Modelling and Applications. *Water* 2020, 12, 1610. <https://doi.org/10.3390/w12061610>

## 5. Conference and Workshop participation

### I. ETMU Conference, 7th November 2024, Tampere, Finland

Organized a session titled: “Culture of migration: Exploring Migration as a Normative Behaviour” and presented a paper on “Seeking Greener Pastures: conceptualizing *rahar* and *badhyata* in Nepali culture of migration” Website: <https://events.tuni.fi/etmu2024/cultural-of-migrationexploring-migration-as-a-normative-behavior/>

### II. The 18th Next-Generation Global Workshop, 26th - 28th of September 2025, Kyoto University, Japan

Presented paper titled: “Visualizing Migration: Digital Media and the Cultural Imaginaries of Migration in Global South”. Website: <https://www.kuas.cpij.kyoto-u.ac.jp/news/the-18thnextgeneration-globalworkshop/>

### III. Social Policy Conference 2025, 23 October 2025, Helsinki, Finland

Presented a concept paper on “Imagination, (Dis)trust, and (im)Mobility: South Asian Migrants’ Negotiations of Belonging in Finland”. Website: <https://www.helsinki.fi/en/conferences/socialpolicy-conference-2025/working-groups>

## 6. Language skills

### Mother tongue: Nepali

Fluent in English, Norwegian-Bokmål, and Hindi. Basic understanding of Danish and Chinese (Mandarin)

## 7. Teaching experiences

### I. Part-Time University Teacher (November 2025-January 2026)

#### University of Jyväskylä

Taught the course YKPS3102 Migration Policy (5 ECTS), focusing on contemporary migration trends, migration theories, policy analysis, and governance frameworks. My duties involved designing and delivering lectures, guiding discussions, and evaluating student performance.

### II. Lecturer (Feb 2018 – Jan 2022)

Kathmandu University School of Arts (KUSoA), Nepal

Served as course lecturer for the Master’s program in Natural Resource System Management, responsible for course design, instruction, and student assessment. Delivered lectures on sustainable resource governance and environmental policy.